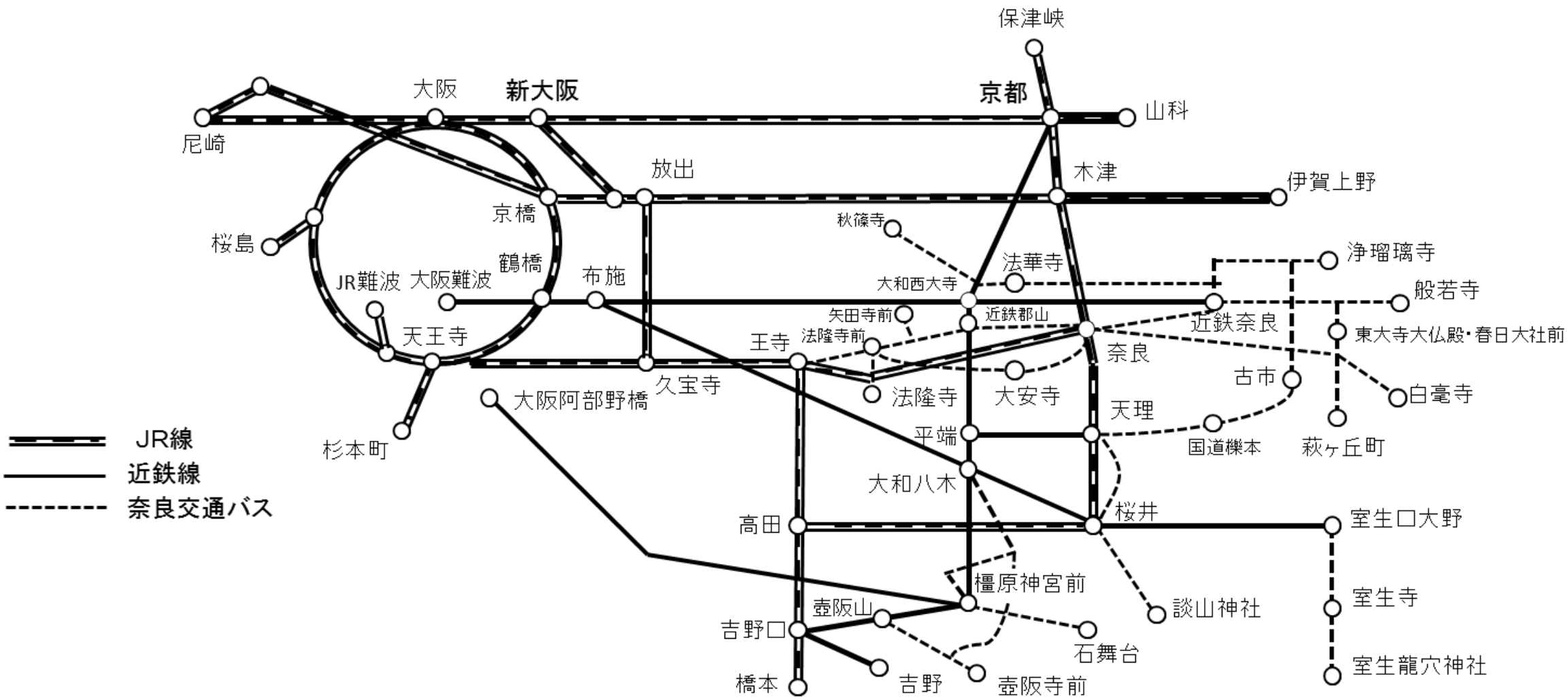奈良満喫フリーきっぷ自由周遊区間